BE YOU

GOLD STAR

HUNTINGDONSHIRE CHILD AND FAMILY CENTRE

WHAT'S ON

DREAM BIG

AWESOME

September 2026

Welcome to our Child & Family Centres

We aim to provide families of all abilities, identities and cultures with the support and information they need, and to ensure our centres and zones are friendly and welcoming places for all.

Good news – from the 1st May 2026 Child and Family Centre groups will be free of charge, for all families.

Cambridgeshire County Council

BEST START IN LIFE

FAMILY HUBS

Cambridgeshire Child and Family Centres

NHS

Things you need to know…

Booking

Booking is essential for some sessions and spaces are limited. All booking is done on our online booking system which you can access via the link or QR code below:

Huntingdonshire Child and Family Centres - Booking by Bookwhen

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Family Hub's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses

St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT	**St Neots Child and Family Centre, Eynesbury Site** Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry Community Centre, Green End Road, Sawtry PE28 5UX	**Ramsey Child and Family Zone at Ramsey Library**, 25 Great Whyte, Ramsey PE26 1HG
Huntingdon Child and Family Centre, Huntingdon Youth, Child & Family Centre Site, Sallowbush Road, Huntingdon PE29 7AF	**Huntingdon Child and Family Centre, Huntingdon Nursery School Site**, Ambury Road, Huntingdon PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre, St Ives PE27 5QB	

In September we will be thinking about ….

National Inclusion Week: 15 – 21 September

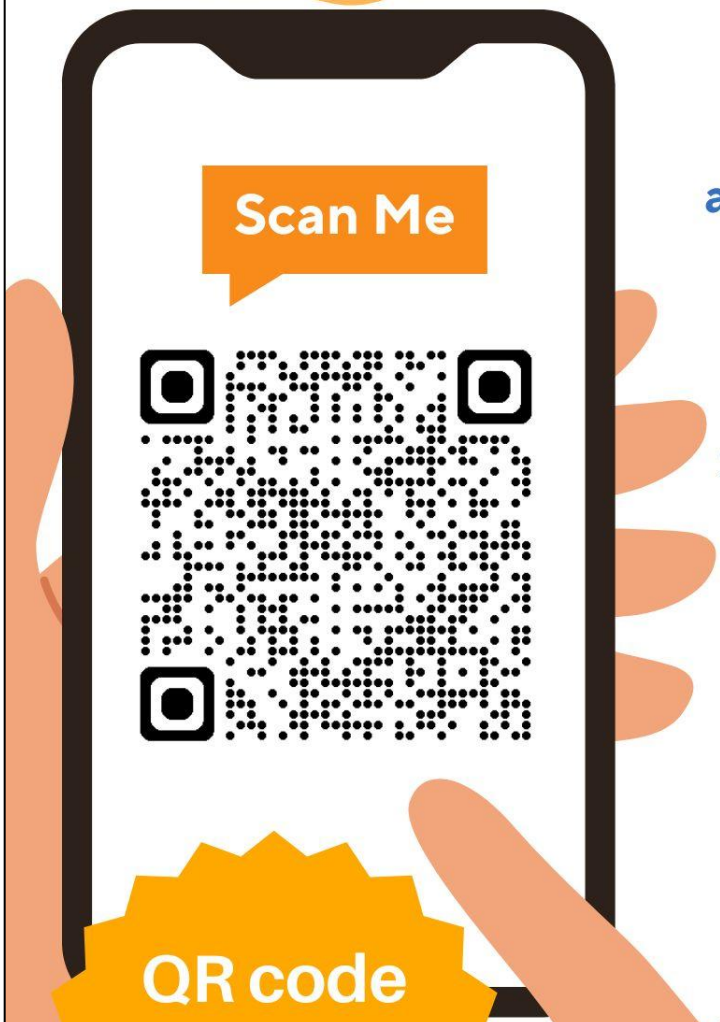
Youth Mental Health Day: 18 September

If you would like to celebrate something important to you with other people who use our services please let us know.

B = Booking Required

Huntingdonshire Child and Family Centres

New Booking QR Code



Scan the QR code to access our new Bookwhen page to book on to our sessions.

Sessions are bookable 14 days in advance.

Please speak to a member of staff if you need any support

BEST START IN LIFE | FAMILY HUBS

QR code live from 24 August

B = Booking Required

Monday				
English for Adults 9am to 11am	Weekly	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 9.15am to 10.45am	Weekly	A fun play session for children aged 0 to 5 years. No booking required.		Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. Please book your space using the QR code at the beginning of this What's On.	B	Sawtry Child and Family Zone
Sensory Tots 10am to 11.30am	Weekly	A play session for little ones from birth to 2 years. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre
Self-Weigh 10am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre

B = Booking Required

Monday continued				
Sensory Babies 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. **21 Sept** – Tiny Tooth For the last 30 minutes of the group, we'll spend some time talking about how to look after your baby's teeth, and where to go when you need help. Please book your space using the QR code at the beginning of this What's On.	B	Huntingdon Youth, Child and Family Centre
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. **14 Sept** - Bookstart A special themed session for the National Year of Reading with a free book for everyone! Come and have fun exploring rhymes, stories and songs using Bookstart resources to support your child's communication and language development. Please book your space using the QR code at the beginning of this What's On.	B	Buckden Village Hall Burberry Rd Buckden PE19 5UY

B = Booking Required

Monday continued				
English for Adults 1pm to 3pm	Weekly	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 1.30pm to 3pm	Weekly	A stay and play session suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	Huntingdon Youth, Child and Family Centre
Introducing Family Foods Workshop 1.30pm to 2.30pm	21 Sept	A workshop to find out more about how to introduce your baby to your family foods. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre

B = Booking Required

Monday continued				
Pop Up After School Arts 3.15pm to 4.30pm	14 Sept	A fun after-school art group exploring creativity through crafts, loose parts play, and sensory activities. Each session encourages imagination, exploration, and confidence as children experiment with a variety of textures and materials. Suitable for children aged 2 to 8 years. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre

B = Booking Required

Tuesday				
Maths for Adults 9am to 11am	8, 15, 22, 29 Sept	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Drop-In **Child Health Clinic** 9.30am to 11.15am	1, 8, 15, 22 Sept	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years. No booking required.		St Ives Child and Family Zone
Stay and Play **Little Bears** 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	Judith's Field Pavilion London Road Godmanchester PE29 2WB
Tiniest Feet **50 Things** 10am to 11.30am 	1, 8, 22, 29 Sept	Fun filled themed sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. **1 Sept**- #6 Rhyme Time **8 Sept**- #13 Shout and Sshhh **22 Sept** - #3 Treasure Time **29 Sept** - # Make Your Mark Please book your space using the QR code at the beginning of this What's On.	B	Ramsey Child and Family Zone

B = Booking Required

Tuesday continued				
Growing Together: SEND Parenting Workshop – Helping your child reach their potential 10am to 12 noon	8 Sept	An informal seminar-style session focussed on helping your child reach their potential. Join us for discussion and to learn strategies that build positive relationships, encourage communication and independence, and promote emotional wellbeing, recognising each child's unique strengths and needs. Suitable for parents and carers of children with disabilities or developmental differences (diagnosed or not) up to age 12. Please book your space using the QR code at the beginning of this What's On.	B	St Ives Child and Family Zone
Storytime 10am to 11am	8, 15, 22, 29 Sept	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required.		Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE
Self-Weigh 11.30am to 2.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Ramsey Child and Family Zone
Drop-In Child Health Clinic 1pm to 2.30pm	1, 15 Sept	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years. No booking required.		Queens Park Hall Daimler Avenue Yaxley PE7 3LX
Stay and Play: 50 Things 1.30pm to 3pm 	1, 8, 15, 29 Sept	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre

B = Booking Required

Tuesday continued				
Young Parents Group 1.30pm to 3pm	1, 8, 15, 22 Sept	A group for parents and expectant parents aged 22 or under, with children aged 0 to 5 years. Come and join these free, informal sessions to play and chat about preparing for baby, birth and caring for yourself and your little one. Please book your space using the QR code at the beginning of this What's On.	B	St Ives Child and Family Zone

B = Booking Required

Wednesday				
SENDsory Foundations 9.15am to 10.45am	9, 16, 23 Sept	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome . The Nursery SENCO will be available for parents. Please note there is no session on the last Wednesday of every month. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre
Stay and Play: 50 Things 10am to 11.30am 	9, 23 Sept	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. **9 Sept** - #15 Dressing Up **23 Sept** - #24 Hop, Skip, Jump Please book your space using the QR code at the beginning of this What's On.	B	Huntingdon Youth, Child and Family Centre
Drop-In Child Health Clinic 11am to 12 noon	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years. No booking required.		Sawtry Child and Family Zone

B = Booking Required

Wednesday continued				
Self-Weigh 11am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Sawtry Child and Family Zone
Tiniest Feet 12.30pm to 2pm	2, 9, 23 Sept	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. Please book your space using the QR code at the beginning of this What's On.	B	St Ives Child and Family Zone
Peep Talk Course - Supporting Early Language 12.45pm to 2.15pm	9, 16, 23, 30 Sept 7, 14, 21 Oct (7 week course)	Come along to our relaxed and welcoming sessions to discover how you can help your child develop their speech, language and communication skills through everyday play and interaction. Each week, you'll receive a pack of fun, practical activities to try at home, giving you simple ways to support your child's learning and development as part of your daily routine. Aimed at ages 1 to 5. Free crèche spaces are available. To book a space please call 07858 160015 or email clare.payne45@gmail.com	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD

B = Booking Required

Wednesday continued				
Sensory Babies 1.30pm to 3pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre
Stay and Play 1.45pm to 3pm	9, 23, 30 Sept	A stay and play session suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB

B = Booking Required

Thursday				
Self-Weigh 9.30am to 12 noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
Introducing Family Foods Workshop 9.45am to 10.45am		A workshop to find out more about how to introduce your baby to your family foods. **10 Sept** – Huntingdon Youth, Child and Family Centre **24 Sept** – Ramsey Child and Family Zone Please book your space using the QR code at the beginning of this What's On.	B	Various locations - *please see description*
Peep Group 10am to 11.30am	10, 17, 24 Sept	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years. To book a space please call 01480 375216.	B	Christian Centre Nene Road Huntingdon PE29 1RE
Sensory Tots 10am to 11.30am	Weekly	A play session for little ones up to the age of 2 years, running alongside the drop-in child health clinic. Please book your space using the QR code at the beginning of this What's On.	B	Huntingdon Youth, Child and Family Centre
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	St Ives Child and Family Zone

B = Booking Required

Thursday continued				
Drop-In **Child Health Clinic** 10am to 11.30am	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre
Little Explorers 10am to 11.30am	Weekly	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. As part of the National Year of Reading, we will dedicate time in one session each month to focus on a selected book. This initiative aims to celebrate reading and encourage a shared love of books across our community. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre
Infant Feeding Drop-In 10am to 11.30am	10, 24 Sept	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome. No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 10.30am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		St Ives Child and Family Zone

B = Booking Required

Thursday continued				
Peep Group 1pm to 2.30pm	10, 17, 24 Sept	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months. To book a space please call 01480 375216.	B	Christian Centre Nene Road Huntingdon PE29 1RE

B = Booking Required

Friday				
Self-Weigh 9.30am to 12 noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eaton Socon Child and Family Centre
Breastfeeding Drop-In 10am to 11am	Weekly	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding. No booking required.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	Weekly	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. **4 Sept** – Let's Get Physical **11 Sept** – Harvest **18 Sept** – Under the sea **25 Sept** – Role Play Please book your space using the QR code at the beginning of this What's On.	B	Sawtry Child and Family Zone
Four to Explore 10am to 11.30am	Weekly	A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. **4 Sept** – Storyplay **11 Sept** – Let's Get Physical **18 Sept** – Little Builders **25 Sept** – Let's Get Creative Please book your space using the QR code at the beginning of this What's On.	B	Huntingdon Youth, Child and Family Centre

B = Booking Required

Friday continued				
More to Explore 10am to 11.30am	11, 25 Sept	The ethos of More to Explore is showing parents there is more to explore through child led play, using household items and treasure baskets, and natural resources both inside and outside. Children engage in heuristic and messy play to encourage creative learning through play, which in turn can lead to school readiness and the ability to work safely and independently. Suitable for children aged 0 to 5 years. Please book your space using the QR code at the beginning of this What's On.	B	Eaton Socon Child and Family Centre
Drop-In **Child Health Clinic** 10.15am to 12.15pm	11, 25 Sept	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0 to 5 years. No booking required.		Ramsey Library 25 Great Whyte Ramsey PE26 1HG
Five to Thrive Friday 	Weekly	'The things you do every day, that help your child's growing brain'. We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!		Facebook post:

B = Booking Required

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Cambridgeshire Child and Family Centres

Self-weigh Sessions

Huntingdon Youth Child and Family Centre
Sallowbush Road, PE29 7AF
Monday
10am to 12.30pm

Eynesbury Child and Family Centre
Winhills School, St Neots PE19 2DX
Thursday
9.30am to 12 noon

Ramsey Child and Family Zone
Ramsey Library, PE26 1HG
Tuesday
11.30am to 2.30pm

St Ives Child and Family Zone
Broad Leas Centre, Norris Road PE27 5QB
Thursday
10.30am to 12.30pm

Sawtry Child and Family Zone
Sawtry Community Centre, PE28 5UX
Wednesday
11am to 1.30pm

Eaton Socon Child and Family Centre
Bushmead School, St Neots PE19 8BT
Friday
9.30am to 12 noon

Babies must be 6 weeks or over and children under 5 years

No need to book - for more information, call: 01480 372700

B = Booking Required

Pop Up After School Arts

NEW

A fun after-school art group exploring creativity through crafts, loose parts play and sensory activities

CREATE

Suitable for 2 to 8 years

BE CREATIVE

Passion

Monday 14 September

3.15pm to 4.30pm

I'M CONFIDENT

IMAGINATION

Eaton Socon Child and Family Centre

Bushmead School, St Neots, PE19 8BT

BEST START IN LIFE | FAMILY HUBS

Book using the QR code:

B = Booking Required

STAY & PLAY

Cambridgeshire Child and Family Centres

A stay and play session for children aged 0 to 5 years with lots of opportunities to learn and explore!

Monday
7, 14 and 21 September
1.30pm to 3pm

Huntingdon Youth Child & Family Centre
Sallowbush Road, Huntingdon PE29 7AF

BEST START IN LIFE | FAMILY HUBS

Book using the QR code:

B = Booking Required

GROWING TOGETHER
SEND PARENTING WORKSHOP

A informal seminar-style session focussed on helping your child reach their potential. Learn strategies that build positive relationships, encourage communication and independence, and promote emotional wellbeing, recognising each child's unique strengths and needs. Suitable for parents and carers of children with disabilities or developmental differences up to age 12.

Tuesday 8 September
10am to 12 noon

St Ives Child and Family Zone
Broad Leas Centre
Broad Leas, St Ives PE27 5QB

BEST START IN LIFE | FAMILY HUBS

Book using the QR code:

B = Booking Required

	We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact childandfamilycentre.hunts@cambridgeshire.gov.uk for a chat with one of our staff.
	50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.' We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.
	Five to Thrive 'The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use *Five to Thrive* in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!
Breastfeeding Support	Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding
Are you concerned about the safety of a child?	If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.
Support for Young People	**Keep Your Head:** A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com

Have your say about Cambridgeshire Child and Family Centre services

B = Booking Required

Our Opening Times

Eynesbury Site	Eaton Socon Site	
Thursday *9.30am to 12.30pm*	*Monday 9.30am to 4pm* *Tuesday 1pm to 4pm* *Wednesday 9.30am to 4pm* *Thursday 9.30am to 1pm* *Friday 9.30am to 2.30pm*	
Sawtry Zone	**Ramsey Zone**	
Monday, Wednesday and Friday *9.30am to 2.30pm*	*Tuesday* *10am to 2.30pm*	
Huntingdon Nursery Site	**Huntingdon Youth Centre Site**	**St Ives Zone**
Monday to Friday *8.45am to 3.30pm term time* *Mondays and Wednesdays* *9am to 12 noon during school holidays*	*Monday 9.30am to 4pm* *Tuesday 9.30am to 12 noon* *Thursday 9.30am to 1pm* *Friday 9.30am to 2.30pm*	*Tuesday and Wednesday* *9.30am to 2.30pm* *Thursday 9.30am to 1pm*

Contact Us

Get In Touch	
St Neots Child and Family Centre **Eaton Socon Site** 01480 372700	**St Neots Child and Family Centre** **Eynesbury Site** 01480 372700
Sawtry Child and Family Zone 01480 372700	**Ramsey Child and Family Zone** 01480 372700
Huntingdon Child and Family Centre **Huntingdon Nursery Site** 01480 375216	**Huntingdon Child and Family Centre** **Huntingdon Youth Child and Family Centre Site** 01480 372700
St Ives Child and Family Zone 01480 372700	
Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk	

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.

Follow us on Instagram - @childandfamilycentres.hunts

'Like' our Facebook page - Huntingdonshire Child and Family Centres

Find us on YouTube - Cambridgeshire Child and Family Centres

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