PHYSICAL EDUCATION

at

FOURFIELDS

We are committed to providing an Elite learning environment to help all children to reach their maximum potential.

WHO DELIVERS SPORTS AT FOURFIELDS?

ALL PE is delivered by our teachers and supported and challenged through intervention with YDP.

OUR SYLLABUS IS FOR US!

Drawing on our extensive experience, knowledge, and expertise, we have developed a bespoke PE curriculum rooted in Fundamental Movement Skills. This ensures every child gains a strong technical foundation and a competitive edge.

PHYSICAL FUNDAMENTAL SKILLS

Has mastered the fundamental movement patterns that serve as the foundation for more advanced physical activities and sports, building confidence through consistent application of these skills.

COGNITIVE

Demonstrates an understanding of healthy lifestyle habits, knows game rules, positions, and tactics, and is able to give and receive constructive feedback.

D.N.A

OF A FOURFIELDS ATHLETE

"In any sport, the only things you can truly control are your effort and your emotions."

AFFECTIVE

Effectively manages their emotions, maintains a consistently positive attitude, and demonstrates strong self-motivation and drive. Plays by the rules, showing fairness and respect toward referees and opponents at all times.

SOCIAL

Communicates effectively and works well with others, demonstrating leadership qualities while showing respect for peers and staff.