Allergy Awareness

We are committed to creating a safe and inclusive environment for every student. As part of this commitment, we have introduced a new Allergy Management Policy, now available in full on our school website: https://nationalcollege.com/fourfields-community-primary-school/policies/a0145dce-2fe7-4a1d-9b32-9ab6397cd1aa

We Are a Nut-Free School

To protect students with severe allergies, no nuts or nut products are permitted anywhere on school grounds. This includes all snacks, lunchbox items, and baked goods brought from home. Please check food labels carefully before packing your child's lunch.

Birthday Treats & Shared Food

We know birthdays are special! However, to reduce the risk of allergic reactions:

- Children should not bring treats to share with classmates.
- No homemade or packaged foods should be distributed to others.
- Please help your child understand they must not share their snacks or lunch with other students - or accept food from others.

Lunchboxes and Food Safety

- All lunchboxes and drink bottles must be clearly named.
- Please ensure lunches are nut-free and suitable for your child's dietary needs (please be aware that chocolate spread may contain nuts).
- Let us know immediately if your child's dietary requirements or allergies change so we can update our records.

Staff Training and Support

You can be assured that all school staff complete annual allergen and anaphylaxis training. We take allergies seriously and follow clear protocols to keep our students safe.

If you have any questions or concerns, please contact:

Ruth Jones – Medical Lead
Sharon Byrne – Catering Manager

Thank You for Your Support

By following these guidelines, you are helping to ensure our school remains a safe and welcoming place for all children.